I think that the most difficult challenges for me during this boot camp will be related to time management and self-care. Between the rigorous class curriculum, my work schedule, and day to day life activities, I will need to be very vigilant in the way I manage my time, and I will need to make a conscious effort to make sure I am eating, sleeping, and exercising probably in order to keep my brain at its sharpest.

The way I will overcome this challenges will be using organizational tools and planning. I have a color-coded calendar which I have been keeping a very detailed schedule of my mandatory activities (school and work), desired activities (social), and sleep/exercise. This will allow me to manage my time to the best of my ability and ensure I am dedicating enough time and energy to all of the important factors in my life.